

Low-Coherence Shearing Interferometry with Constant Off-Axis Angle

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7

8 **Abstract**

9 We present a wide-field interferometric imaging module for biomedical and metrological
10 measurements, employing shearing interferometry with constant off-axis angle (SICA) that can work,
11 for the first time, with a low-coherence light source. In the SICA module, the off-axis angle can be
12 fully controlled without a direct relation with the shearing distance between the interfering beams. In
13 contrast to our previous SICA module, here we use a low-coherence illumination source, providing
14 quantitative phase profiles with significantly lower spatial coherent noise. Although a low-coherence
15 source is used, we obtain off-axis interference on the entire camera sensor, where the optical path
16 difference between the two beams is compensated by using a glass window positioned in the
17 confocal plane. This highly stable common-path low-coherence single-shot interferometric module
18 can be used as an add-on unit to a conventional bright-field microscope illuminated by a low-
19 coherence source. We demonstrate the advantages of using the module by quantitative phase imaging
20 of a polymer bead, fluctuations in human white blood cell, and dynamic human sperm cells.

21

22 **1 Introduction**

23 Wide field interferometric phase microscopy (IPM), also called digital holographic microscopy
24 (DHM), is a method that can render quantitative phase images of micro-scale samples by recording
25 their complex fields¹⁻⁶. Since it needs no exogenous labeling or special sample preparation for
26 transparent biological samples, IPM has shown to be a potent tool for studying cell biology⁷⁻¹¹,
27 pathophysiology of cells¹²⁻¹⁴ and in some other fields¹⁵⁻¹⁶.

28 Off-axis IPM can reconstruct a quantitative phase image from a single spatially modulated
29 interferogram or hologram, which is captured at a single shot. Thus, it is capable of monitoring
30 dynamic changes of biological cells at the same frame rate of the digital camera used. There are
31 different optical systems to implement IPM, and all of them generate a reference beam that does not
32 contain the sample modulation, to be interfere with the sample beam. The conventional Mach-
33 Zehnder and Michelson interferometers split the beam at the exit of the laser to sample and reference
34 beams, whereas self-referencing interferometers¹⁷⁻³³ typically create the reference beam externally, at
35 the exit of the imaging system. Self-referencing interferometry includes, for example, τ

36 interferometry^{23, 33}, flipping interferometry²⁴⁻²⁵, diffraction phase microscopy²⁷, shearing
37 interferometry²⁸⁻²⁹, quantitative phase imaging unit³⁰, quadriwave shearing interferometry³¹. All of
38 these interferometers have a nearly common-path interferometric geometry, and hence inherently
39 have a higher temporal phase sensitivity than the conventional Michelson and Mach-Zehnder
40 interferometers²³⁻³³. In order to decrease the amount of spatial coherent noise and parasitic
41 interferences, low-coherence light sources can be used, which requires meticulous beam-path
42 matching to obtain interference on the camera, so that the path difference between the sample and
43 reference beams is smaller than the coherence length of the source. However, across the off-axis
44 hologram obtained with a low-coherence source, the fringe visibility might be low, decreasing the
45 signal to noise ratio in the final quantitative phase profile, and thus limiting the interferometric
46 imaging field of view. To overcome this limitation, white-light diffraction phase microscopy³⁴⁻³⁵ can
47 be used. However, to generate a clean reference beam, this technique requires low-pass spatial
48 filtering by pinhole, which requires a precise alignment. In addition, white-light diffraction phase
49 microscopy also demonstrated impairing halo effect³⁵.

50 Shearing interferometry, on the other hand, can create the reference beam externally by simply
51 assuming the sample is sparse enough, and thus we can interfere two sheared copies of the same
52 beam and hopefully there is no overlap between sample details. Biological cells from the sheared
53 beam appear as ghost images with negative phase value, and thus should be avoided. However, since
54 in regular shearing interferometry the off-axis angle and the shearing distance between the beams are
55 coupled, it is hard to avoid these ghost images. To solve this problem, we have lately introduced the
56 shearing interferometry with constant off axis angle (SICA) module as a simple add-on imaging unit
57 to existing imaging system illuminated with a highly coherent light³⁶. The module employs the
58 principle of shearing interferometry by generating two laterally shifted sample beams. The magnified
59 image at the exit of the imaging system is split using a diffracting grating. In contrast to regular
60 shearing interferometers, in SICA we can fully control the shearing distance by the axial position of
61 the grating, whereas the off-axis angle is determined by the grating period, independently. This way,
62 we can easily avoid overlaps with ghost images. Due to its off-axis nature and common-path
63 configuration, the SICA module has benefits of real-time measurement capability and higher
64 temporal stability. However, it still suffers from spatial coherent noise due to the fact that it requires
65 highly coherent illumination, to allow high-visibility off-axis interference on the entire field of view.
66 In the current paper, we introduce a low-coherence SICA (LC-SICA) module that allows single-shot
67 quantitative phase imaging with both high spatial and temporal phase sensitivity, with high-visibility
68 off-axis holograms over the whole field of view. The new setup is an important modification to the
69 previous one, but at the same time, it inherited all the advantages from previous SICA module, i.e.,
70 easy alignment, simplicity and an off-axis interference angle that can be controlled independently of
71 the shearing distance.

72

73 **2 Experimental setup**

74 Figure 1 shows an inverted microscope, where the proposed LC-SICA module is connected to its
75 output, and is indicated by the dashed rectangle. The module consists of a diffraction grating G, two
76 achromatic lenses L1 and L2, and an optical path difference (OPD) compensator C (glass plate). The
77 two lenses are positioned in a 4f imaging configuration. As the module is designed as an add-on unit,
78 the output image from a conventional microscope located at image plane IP, which is also located at
79 the front focal plane of lens L1. To generate two laterally shifted sample beams, grating G is placed
80 behind IP at an axial distance z . The diffracted beams are Fourier transformed to get their spatial

81 spectra in the back focal plane of lens L1. The zeroth and first diffraction-order beams are selected by
 82 a mask M at the Fourier plane, whereas the other diffraction orders are blocked. The two orders are
 83 then projected by lens L2, so that the two laterally shifted sample beams overlap on the sensor plane
 84 at the selected off-axis angle, which is controlled by z , independently of the shearing distance,
 85 controlled by the grating period³⁶.

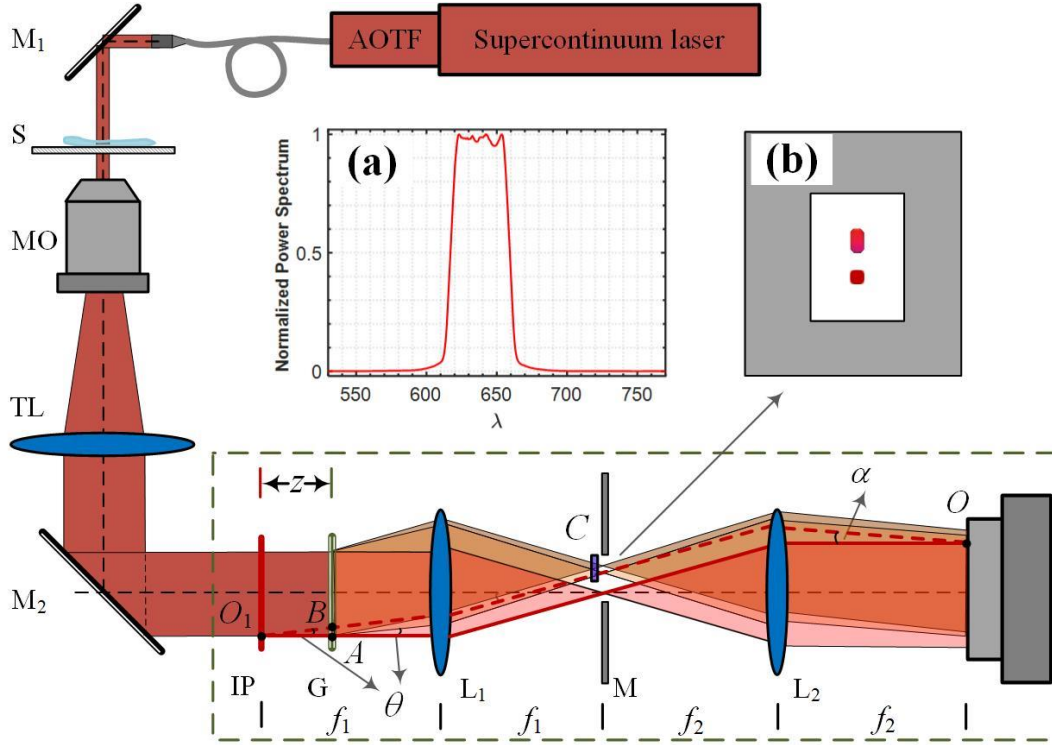
86 In contrast to the previous design, presented in Ref. 36, here we use a low-coherence illumination and
 87 an OPD compensator. The low-coherence illumination is implemented by using a supercontinuum
 88 fiber-laser (SuperK extreme, NKT), followed by a computer-controlled acousto-optical tunable filter
 89 (AOTF, SuperK SELECT NKT). The emitted light is at a central wavelength of 638 nm and a full-
 90 width-at-half-maximum bandwidth of 44 nm (as measured by a spectrometer, USB4000-VISNIR,
 91 Ocean Optics). As the spectrum has a nearly rectangle shape, the coherence length is calculated by l_c
 92 = $\lambda^2/\Delta\lambda = 9.2 \mu\text{m}$. For ensuring a full field interference, the OPD between two beams should be
 93 smaller than the coherence length across the entire camera sensor. Let us consider the OPD at point O
 94 on the image plane, where the two beams meet at an angle α . For point O , its conjugate point is O_1 at
 95 IP; hence, the two beams denoted as solid red line (zero order beam) and dashed red line (first order
 96 beam) have same optical path length. However, the two interfering beams are originally emitted from
 97 points A and B , where the two red lines intercept with grating G. Hence, the OPD at point O is
 98 determined by:

$$\begin{aligned}
 OPD &= O_1B - O_1A \\
 &= z \left(\frac{1}{\cos \theta} - 1 \right) , \\
 &= 0.5 \cdot z \cdot \sin \theta \tan \theta
 \end{aligned} \tag{1}$$

102 where $\theta = \lambda / d$ is the diffraction angle of the first-order beam, which is determined by the grating
 103 period d and the wavelength λ . Usually, an OPD compensator should be inserted to minimize the
 104 mismatch of optical paths between two beams. In our experiment, as an OPD compensator we used a
 105 glass plate, placed at the first order beam in the Fourier plane. Although the interference angle is
 106 wavelength-dependent: $\alpha = \lambda f_1 / f_2 d$, the period of the fringes at different wavelengths is independent
 107 of wavelength and equals $f_2 d / f_1$. Thus, it is an achromatic interferometer.

108 In our experiment, as shown in Fig. 1 the light is steered into an inverted microscope (Olympus, IX83)
 109 to illuminate the sample S. The beam transmitted through the sample is magnified by microscope
 110 objective MO and projected by tube lens TL on IP. The intermediate image is further magnified by a
 111 factor of 2 in the module as $f_2 / f_1 = 2$, and finally recorded by a CMOS camera (Thorlabs,
 112 DCC1545M). The period of the grating is $d = 10 \mu\text{m}$, which is smaller than the microscopic
 113 diffraction spot on IP. By choosing the grating axial distance z , the shearing distance between two
 114 beams can be tuned so that no overlap with ghost images occurs. The thickness of the compensating
 115 glass plate is dependent on distance z . We used a silica cover slip ($n = 1.457$) with 0.17-mm thickness
 116 as the OPD compensator. The OPD induced by the coverslip is $(n - 1) \times h = 77.8 \mu\text{m}$. Substitute this
 117 value into Eq. (1) results in a grating optimal position of $z = 39 \text{ mm}$. Note that working with a
 118 significantly wider spectral bandwidth results in OPDs that differ greatly, so that we cannot
 119 compensate for all of them using a constant thickness coverslip. Thus, realistically, LC-SICA is
 120 limited to using a spectral bandwidth of several tens of nanometers, which still allows a significant
 121 improvement in the spatial noise, compared with the coherent illumination scenario.

122



123

124 Fig. 1. An inverted microscope with the LC-SICA module (marked by dashed rectangle), connected to its output. M₁, M₂,
 125 mirrors; S, sample; MO, microscope objective; TL, tube lens; IP, image plane; G, diffraction grating (100 lines/mm); L₁,
 126 L₂, lenses with focal lengths $f_1=150$ mm and $f_2=300$ mm. z , distance of G from IP; M, mask that selects only two
 127 diffraction orders; C, compensating plate; α , interference angle; θ , diffraction angle of the grating. Inset (a) Normalized
 128 power spectrum of light source with central wavelength of 638 nm and bandwidth of 44 nm. Inset (b) Schematic of
 129 filtered Fourier spectrum distribution in the focal plane.

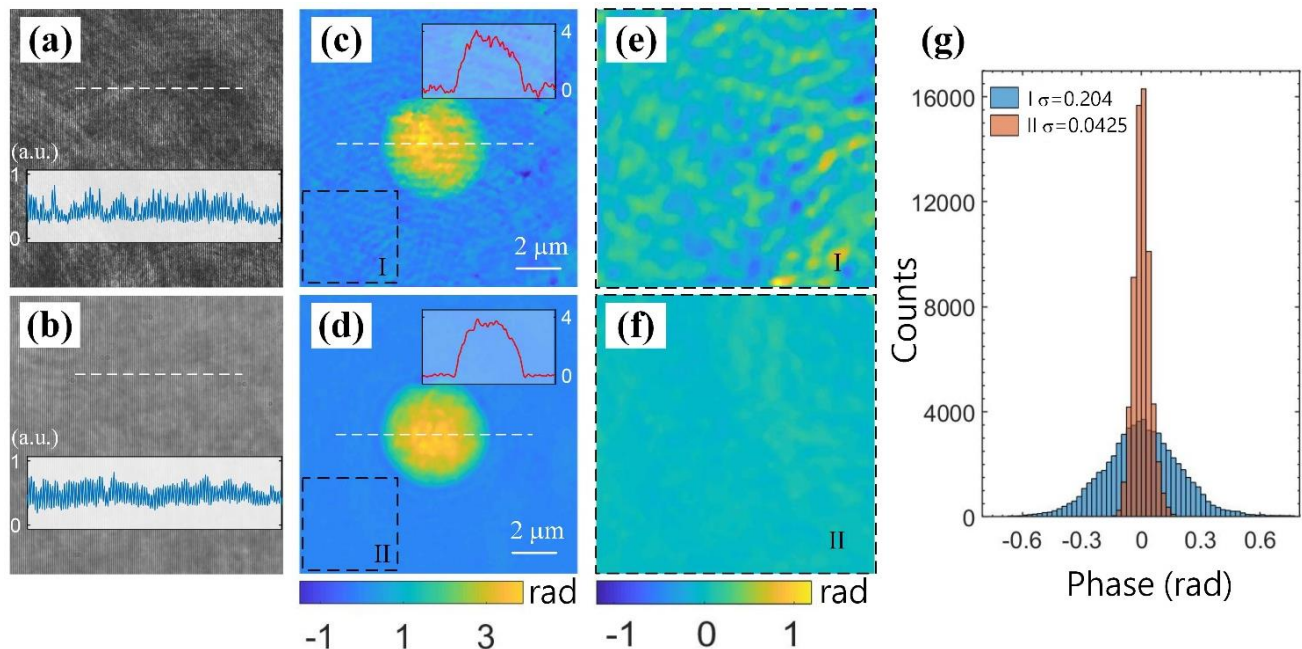
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131 3 Results

132 First, experiments were carried out to demonstrate the speckle noise suppressing capability with the
 133 proposed LC-SICA module. We measured a 5- μ m polymer bead with a 100 \times objective under highly
 134 coherent illumination (He-Ne laser) and under low-coherence illumination (as described above). The
 135 bead ($n = 1.59$) is immersed in oil ($n = 1.52$) and sandwiched between two cover slips. The shearing
 136 distance between the interfering beams is controlled by the axial distance of the diffraction grating,
 137 and is set to be large enough so that no overlap occurs with ghost images containing negative phase
 138 values. Therefore, the full quantitative phase profile of the sample is obtained, rather than its gradient
 139 in the shearing direction. The off-axis angle is determined by the diffraction grating period, affecting
 140 the fringe spatial frequency of the hologram obtained on the digital camera. This captured off-axis
 141 hologram is processed using Fourier transform method²⁰. This includes a digital Fourier transform,
 142 cropping one of the cross-correlation terms, and an inverse Fourier transform, resulting in the
 143 complex wavefront of the sample. Then, we apply a phase unwrapping algorithm on the angle
 144 argument of the complex wavefront to solve 2π ambiguities. Figures 2(a) and 2(b) show two
 145 holograms obtained under coherent illumination and low-coherence illumination, demonstrating that
 146 although the LC-SICA module uses a low-coherence source, there is no loss in the fringe visibility
 147 along the entire field of view in comparison to using high coherent illumination.

148 The resulting quantitative phase images are shown in Figs. 2(c) and 2(d), respectively. It can be seen
 149 that the phase profile in Fig. 2(c) is much noisier, as speckle noise ripples and abrupt fluctuations are
 150 obvious over the whole field. In contrast, these spatial noises are significantly suppressed when low-
 151 coherence illumination is used, as shown in Fig. 2(d). To further compare the spatial phase noises in
 152 both images, two little marked regions I and II are enlarged, and shown in Figs. 2(e) and 2(f). This
 153 background phase profile is almost uniform in Fig. 2(f), whereas it has noticeable undulation in Fig.
 154 2(e), even in the base-plane background region, due to the use of highly coherent illumination. To
 155 quantify the spatial phase noise levels, the phase distribution histograms of regions I and II are shown
 156 in Fig. 2(g). The standard deviation of the phase values in these regions are 0.204 rad and 0.0425 rad,
 157 respectively, which means that the phase noise level in the LC-SICA module is only a fifth of that of
 158 the SICA module. Under coherent illumination, the noise may come from scattering of dust particles
 159 or scratches on the optics surfaces, from parasitic fringes due to multiple reflections between
 160 coverslips, as well as from inherent laser noise. However, such noise can be greatly reduced when
 161 using low-coherence illumination, so that the proposed LC-SICA module can render quantitative
 162 phase images with higher spatial phase sensitivity.

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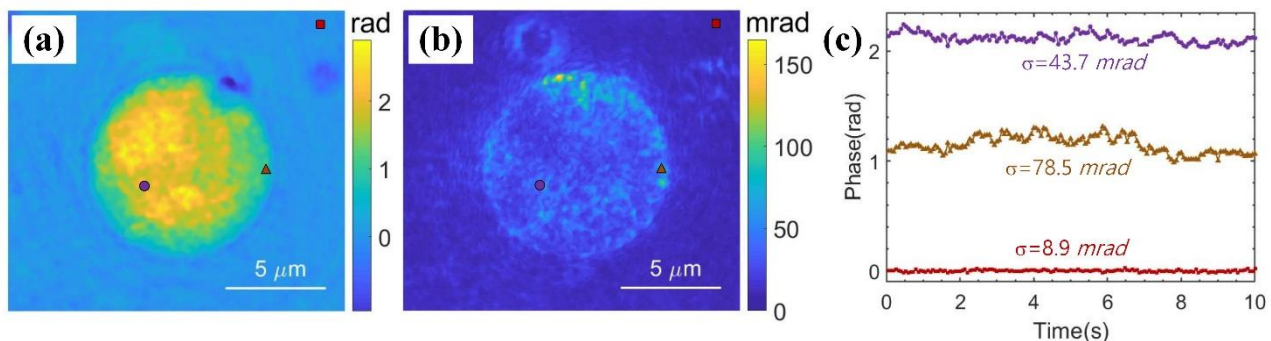
165 Fig. 2. Comparing the SICA and LC-SICA modules by quantitative phase images of a polymer bead. (a,c) Hologram and
 166 quantitative phase map from the SICA module with highly coherent illumination (He-Ne, 633 nm). (b,c) Hologram and
 167 quantitative phase map from the LC-SICA module with low-coherence illumination (638 ± 22 nm). The same 5- μ m
 168 polystyrene bead immersed in index matching oil was imaged in both cases. The two background regions marked as I and
 169 II in (c) and (d) at the same location are magnified in (e) and (f), respectively. (g) Histogram of the phase values of two
 170 background regions I and II, demonstrating a significantly lower spatial noise in the LC-SICA module in comparison to
 171 the regular SICA module. σ denotes spatial standard deviation of the quantitative phase values.

172

173 Second, to show our high temporal stability and the real time imaging capability, we acquired 150
 174 holograms over 10 seconds in presence of no samples, representing the case of a stationary sample.
 175 The holograms were processed to get coinciding phase profiles by subtraction the phase map
 176 obtained from a pre-recorded hologram. The average standard deviation of 10000 randomly selected

177 pixels across the stack of phase profiles, representing the temporal stability of the system, is 8.3 mrad,
178 which indicates the high temporal stability of the setup.

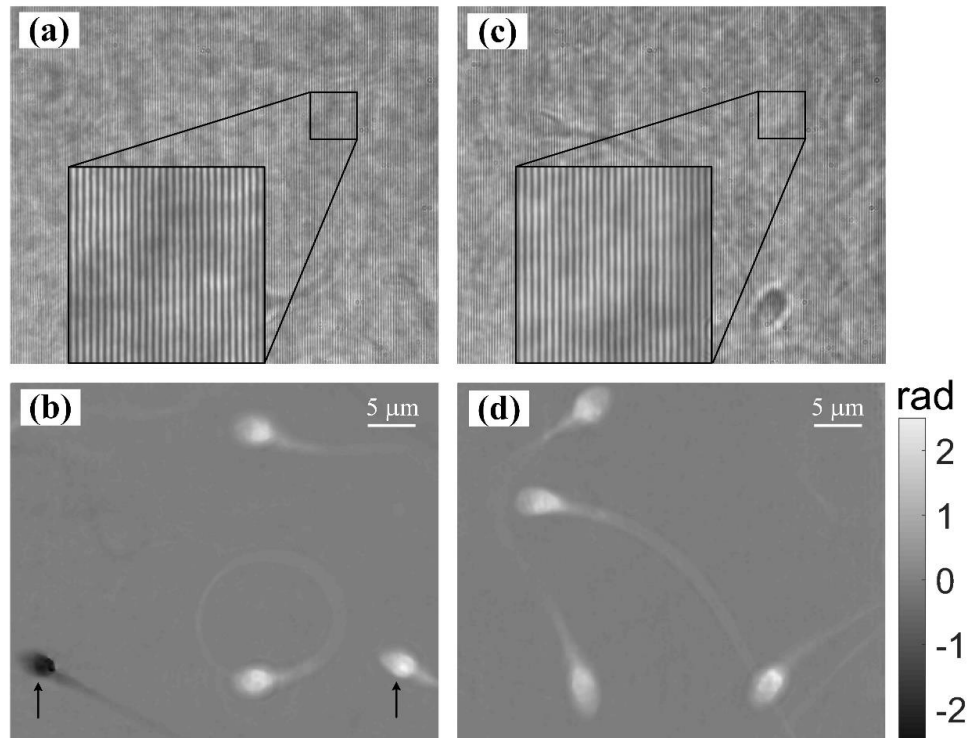
179 We then measured the fluctuations of a human white blood cell. Human blood was provided by the
180 Israeli blood bank (Magen David Adom) after obtaining an ethical approval from Tel Aviv
181 University's institutional review board (IRB). Peripheral blood mononuclear cells (PBMCs), a type
182 of white blood cells, were isolated from the whole blood using Ficoll-Paque Premium isolation kit
183 (GE17-5442-02 Sigma-Aldrich), according to manufacturer instructions. After centrifugation,
184 PBMCs were collected from the buffy coat, and cleaned by centrifugation at 1250 RPM for 5
185 minutes in phosphate buffered saline (PBS) solutions supplemented with 1 mM EDTA. The
186 supernatant was discarded, and the pellet was resuspended in 1 ml PBS-EDTA. A live PBMC was
187 imaged for 10 seconds at a frame rate of 15 Hz. Figure 3(a) represents the quantitative phase image
188 of the cell at $t = 0$. Figure 3(b) shows the temporal standard deviations of 150 phase images, which
189 indicates the fluctuations over the cell. We also examined the phase fluctuations at the three marked
190 points during this period, and the results are presented in Fig. 3(c). As indicated in Fig. 3(a) and 3(b),
191 the three selected points are at the background, at the border of the cell, and at the interior region.
192 The phase values of the point at the border has the largest fluctuations and the standard deviation was
193 calculated to be 78.5 mrad. The point at interior area of the cell exhibits mild fluctuations and has a
194 standard deviation value of 43.7 mrad. The background point has flat phase values with standard
195 deviation of 8.9 mrad. This low background standard deviation value is due to using a common-path
196 configuration in our add-on module, and is comparable with that of a white-light illuminated
197 quantitative phase imaging unit³⁷. However, the later unit is not suitable to measure the highly dynamic
198 phenomena, as it implements temporal phase-shifting interferometry to record multiple holograms for
199 obtaining a single quantitative phase image.
200



201 Fig. 3. Dynamic quantitative phase imaging of a human white blood cell at a frame rate of 15 Hz, as acquired with the
202 LC-SICA module. (a) Quantitative phase profile. (b) Quantitative phase temporal standard deviation profile over 150
203 frames (fluctuation map). (c) Quantitative phase values at three different points, marked in (b). σ denotes temporal
204 standard deviation of the quantitative phase values.
205

206 At last, to demonstrate the flexibility of controlling the shearing distance without affecting the off-
207 axis angle, to avoid ghost images in dynamic samples, we measured swimming sperm cells at two
208 different shearing distances. Here, a 60 \times objective (Plan, N.A. 1.3, Olympus) was used for imaging.
209 After obtaining an ethical approval from Tel Aviv University's IRB, the semen sample from a human
210 donor was left in room temperature for 30 minutes to liquefy, and then the spermatozoa were
211 separated through density gradient-based centrifugation by using a PureCeption bilayer kit (ART-
212 2024 ORIGIO, Malov, Denmark), according to manufacturer instructions. After centrifugation, the
213 pellet was placed in a new tube and washed with HTF medium (#90125, Irvine Scientific, CA, USA).
214

215 In the first case, 5 μl of the cell solution was placed between two cover slips. A small shearing of 5
 216 mm is employed along the horizontal direction, as calculated with formula $\lambda z f_2 / f_1 d^3$, where the
 217 grating is placed at $z = 39$ mm. Figure 4(a) shows one of the off-axis holograms from the dynamic
 218 sequence, and Fig. 4(b) shows the reconstructed phase image (see full dynamic swimming in Video
 219 1). From Fig. 4(b), two inverse-contrast quantitative phase images of the same cell can be observed,
 220 due to small shearing distance, which are marked by two arrows. As the sperm cells swim freely, the
 221 positive phase image of one cell may overlap with a negative phase image of another cell, as shown
 222 in Video 1. In this case, the cells cannot be correctly reconstructed. To solve this, a large shearing can
 223 be applied, while a blank region containing no sample outside the field of view is used to generate a
 224 reference beam. In this second case, the grating G was placed at a distance of $z = 117$ mm. Thus, the
 225 shearing distance was 15 mm, three times of that of the previous one and much longer than the lateral
 226 dimension of the sensor (6.6 mm). Three pieces of stacked coverslips were used as an OPD
 227 compensator. Figure 4(c) shows one hologram from this sequence, and Fig. 4(d) shows the
 228 reconstructed phase image. In Fig. 4(b), there are only positive phase images over the entire field of
 229 view, and the dynamic swimming of the cells can be precisely monitored. It should be noted that
 230 although the shearing distance was changed in both cases, the off-axis angle was constant, and thus
 231 the interference fringe period was constant as well, as shown in the enlarged insets in Figs. 4(a) and
 232 4(c). The adjustable shearing distance with a constant interference angle between two beams is an
 233
 234



235
 236
 237 Fig. 4. Dynamic quantitative phase imaging of human sperm cells swimming in water. (a, b) Off-axis hologram (a) and
 238 quantitative phase profile (b) with a small lateral shearing distance, as acquired by the LC-SICA module. See dynamic
 239 quantitative phase profile in Video 1. (c, d) Off-axis hologram (c) and quantitative phase profile (d) with a large lateral
 240 shearing distance, acquired in the LC-SICA module. See dynamic quantitative phase profile in Video 2. The black arrows
 241 in (b) indicate two conjugate images of the same cell: one image has positive phase values while the other image has
 242 negative value (ghost image). This unwanted effect can be avoided if the shearing distance is fully controlled without
 243 direct relation to the off-axis angle. This off-axis angle is chosen to be optimal and constant, as can be seen in both
 244 holograms (a) and (c), having the same spatial frequency of the interference fringes, in spite of the fact that the shearing
 245 distance is different.

246 obvious advantage of LC-SICA module, which benefits from convenience in choosing a clean part of
247 the beam to act as the reference beam, according to the density of samples in a shearing
248 interferometric setup. While in most other shearing interferometry setups^{24-26, 28-30}, the shearing
249 distance is fixed, i.e., they can only image scenarios either has sparse distributed samples, or half of
250 the field of view need to be empty²⁴⁻²⁶, the proposed LC-SICA module can fully control the shearing
251 distance based on the sparsity of the sample. This is even more beneficial when imaging dynamic
252 movements of cells, as the samples may move randomly around the whole field of view, or
253 concentrations of cells may change over time.

254 **4 Conclusion**

255 In conclusion, we presented the LC-SICA module for dynamic phase imaging with high temporal
256 and spatial phase sensitivities. This portable common-path module is made of simple off-the-shelf
257 components: a diffraction grating, two lenses and a glass compensator, and has the advantages of
258 simplicity and easy usage. The grating is used to generate two shifted sample beams on the camera
259 sensor. Each of the two beams is the reference beam to the other beam, as in all shearing
260 interferometer. However, in our case, the off-axis interference angle is uncoupled from the shearing
261 distance, as opposite to other shearing interferometers. A low-coherence source is used to minimize
262 spatial phase noise. The OPD between the two beams, as a function of grating position, is analyzed
263 based on ray optics, and it is compensated with a glass plate. Thus, the full-field off-axis holograms
264 can be obtained easily with a low-coherence light source, with no decrease in the fringe visibility.
265 The comparative measurements of a polymer bead indicated that the spatial phase noise level was
266 reduced significantly when compared to the results obtained with the coherently illuminated module.
267 Measurement of a human white blood cell demonstrated the high temporal phase sensitivity imaging
268 capability of the module. Experiments of different shearing distances were carried out, demonstrating
269 that ghost-free imaging of swimming sperm cells can be achieved, by selecting a proper shearing
270 distance based on sample density without changing the interference fringe frequency controlled by
271 the grating axial location. The LC-SICA module is expected to be a useful tool empowering
272 conventional microscopy for low-noise quantitative phase imaging.

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